ELLIPTICALS
FOR THE HOME

2010

VISION FITNESS®

go with confidence™

Our company began as a division of Trek® Bicycle Company over 15 years ago, where we pioneered the development of the best fitness bikes in the industry. Today, as part of Johnson Health Tech NA, one of the largest fitness equipment companies in the world, we stay true to our heritage and offer the best quality, value, and customer service you will find.

awards & media

Vision Fitness® products are recognized with more "best buy" awards than any other fitness brand. Below is a list of these award-winning products:

X20	Elliptical Trainer	**Consumers Digest - February 2010**
T9250	Folding Treadmill	**Consumers Digest - February 2010**
T9200	Platform Treadmill	**Consumers Digest - February 2010**
T9200	Platform Treadmill	**February 2008**
T9200	Platform Treadmill	**February 2007**
R2250HRT	Semi-Recumbent Fitness Bike	**Health Magazine - Jan./Feb. 2007**
R2250HRT	Semi-Recumbent Fitness Bike	**Consumers Digest - February 2007**
E3200HRT	Upright Fitness Bike	**Consumers Digest - February 2007**
T9500	Platform Treadmill	**February 2006**
T9200	Platform Treadmill	**February 2006**
E3200HRT	Upright Fitness Bike	**BBC Focus U.K. - January 2006**
E3100	Upright Fitness Bike	**Men's Fitness U.K. - March 2005**
X6100	Folding Elliptical Trainer	**Health Magazine - Jan./Feb. 2005**
T9200	Platform Treadmill	**January 2005**
X6200HRT	Folding Elliptical Trainer	**Which? Magazine U.K. - August 2004**
E3000	Upright Fitness Bike	**Consumers Digest - February 2004**
T9200	Platform Treadmill	**January 2004**
T9200	Platform Treadmill	**May 2003**
R2000	Semi-Recumbent Fitness Bike	**Consumers Guide**
X6200	Folding Elliptical Trainer	**Consumers Digest - Jan./Feb. 2001**
R2200	Semi-Recumbent Fitness Bike	**Consumers Digest - Jan./Feb. 2001**
X6200	Folding Elliptical Trainer	**Consumers Digest - Sept./Oct. 1998**
R2200	Semi-Recumbent Fitness Bike	**Consumers Digest - Sept./Oct. 1998**
E4100	Dual-Action Upright Fitness Bike	**Consumers Digest - Sept./Oct. 1998**
E3200	Upright Fitness Bike	**Consumers Digest - Sept./Oct. 1998**
E4100	Dual-Action Upright Fitness Bike	**Consumers Digest - Nov./Dec. 1997**
R2200	Semi-Recumbent Fitness Bike	**Consumers Digest - Nov./Dec. 1996**
R2200	Semi-Recumbent Fitness Bike	**Consumers Digest - Sept./Oct. 1995**

All You, April 2005
X6100 (replaced by the X30)
"SPACE SAVER The Vision Fitness X6100 has seven feedback windows—so you don't have to switch between displays—five programs, heart-rate sensors and 16 resistance levels..."

LA Times, December 2005
X6200
"[The Vision **X6200** is a] full-featured model that folds up. Fits in a closet when not in use; foot pedals and rails lift to vertical position in seconds, reducing 7-foot length by half. Large dot-matrix screen. SPRINT 8® interval program delivers a fun, challenging workout in 20 minutes..."

Health, January 2005
"Best of Fitness Award Winner"
X6100 (replaced by the X30)
"This elliptical trainer is made of heavy-gauge steel... The simple-to-decipher console offers five program options, in addition to displaying workout time, distance, calories burned, and three other types of workout feedback. The **X6100** also has hand grips that detect your heart rate on contact and a reading rack in case you need a distraction."

Winner of 28 Best Buys!

Vision Fitness offers only high-quality fitness products at an exceptional value that best help you achieve your fitness goals. Try an award-winning Vision Fitness elliptical at your local specialty fitness retailer.

Find your local retailer at **www.visionfitness.com.**

smooth

Don't pay for gimmicks or features you'll never use. At Vision Fitness, we add features specifically to help you achieve your goals. We offer long pedal arms and pivoting footplates for a natural and fluid stride. Our dual-action arms are designed to keep you in a proper upright position and provide smooth upper-body movement. We pioneered the friction-free magnetic resistance system with no wearing parts for maximum performance and durability.

Combine this system with our optimally-weighted flywheel, and you get the smoothest resistance mechanism available. When the resistance level is changed on the console (even in the middle of a workout), the transitions are smooth, gradual, and fluid.

Friction-free magnetic resistance and large Poly-V belts make our ellipticals exceptionally smooth and quiet

quiet

Many people read a magazine or watch TV while working out on a piece of home fitness equipment. They may work out in the early morning or late evening and do not want to disturb others. Knowing this, Vision Fitness developed our Quiet-Glide™ drive technology to ensure an extra-quiet workout. The large Poly-V belts on our elliptical trainers give them a competitive advantage.

The larger surface area puts less tension on the belt, producing less noise and resulting in a longer lifespan of not only the belt but the entire drive system.

Unique, comfortable and contoured heart rate grips (found on the **X20** and **X30**)

comfortable

We focus on high-quality comfort features to keep your focus where it needs to be—on your goals. Because the footpads on our new X20 and X30 ellipticals are so close together, they allow you to truly replicate a natural walking or running motion. Our flatter ellipse motion also produces a more comfortable stride. The stationary handlebars feature contoured heart rate grips for easy checks of your heart rate.

To top it off, the **X30** and **X6200** come standard with large cushioned footpads for better foot positioning. All of these features, combined with our elongated stride length, make our elliptical trainers more comfortable than competitively-priced trainers.

get exactly what you want.

Vision Fitness configured our elliptical trainer frames so that they can be matched with any of our three console options. Simply choose the console that meets your needs, and add it to the frame that offers what you want. The result is the perfect elliptical for you!

X30

1 choose your console

Key features found on all Vision Fitness® home elliptical consoles:

- quick start button allows you to simply press and go
- resistance level, RPM, time, distance, heart rate, calories, and watts readouts
- integrated reading rack
- program profile display illustrates the resistance level and how much of the workout is complete
- easy-to-read LCD display
- preset programs

SIMPLE	DELUXE	PREMIER
• LCD screen • 7 programs • easy operation • 16 levels of resistance • contact heart rate	• blue backlit LCD screen • 7 programs • scrolling message bar • 20 levels of resistance • contact heart rate	• blue backlit LCD screen w/upper display • 18 programs • program quick keys • scrolling message bar • 20 levels of resistance • telemetric & contact heart rate

2 select your frame

Key features found on all Vision Fitness® home elliptical frames:

- front transport wheels allow easy movement
- roomy footpads give plenty of space for a safe and comfortable workout
- handlebars come with contact heart rate sensors
- wide poly-v belts create less friction, resulting in a longer drive system lifespan
- properly-weighted flywheel provides smooth and consistent resistance

X20

- ECB magnetic brake
- 23-lb. balanced flywheel
- standard footpads
- long 20-inch stride
- 2-year parts/electronics warranty

X30

- ECB magnetic brake
- 23-lb. balanced flywheel
- oversized cushioned footpads
- long 20-inch stride
- 3-year parts/electronics warranty
- multi-position dual-action arms

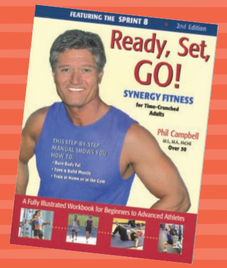
X6200

- ECB-Plus™ magnetic brake
- 24-lb. balanced flywheel
- oversized cushioned footpads
- long 19.75-inch stride
- home & corporate warranties
- multi-position dual-action arms
- patented folding feature

3 the perfect elliptical trainer for you

The **X6200** can be folded to save space

big results in little time



Fit in a workout anytime with our SPRINT 8® program, medically proven to give you the best 20-minute workout possible. This unique program, found exclusively on Vision Fitness® products, was developed with Phil Campbell, MS, MA, and author of *Ready, Set, Go! Synergy Fitness*. Mr. Campbell is an expert in the field of anaerobic exercise, which has been cited by numerous medical publications as the cure for the "middle-age spread" or the energy decline, weight-gain, loss of muscle, and wrinkled skin we experience after age 30.

Learn more about the body-fat-cutting, muscle-toning, anti-aging benefits of SPRINT 8 at **www.visionfitness.com.**

Sprint 8

feature	premier	deluxe	simple
console and programs	BLUE BACKLIT LCD W/ UPPER DISPLAY SPRINT 8®, manual, intervals, fat burn, mountain, random, watts, 3 HRT® programs, 3 goal programs, 5 custom user programs, integrated reading rack	BLUE BACKLIT LCD SPRINT 8®, manual, intervals, fat burn, mountain, random, watts, integrated reading rack	LCD manual, muscle toner, intervals, fat burn, incline, rolling hills, mountain, integrated reading rack
console feedback	watts, speed, distance, time, resistance, heart rate, calories, mets, RPM, % heart rate	watts, speed, distance, time, resistance, heart rate, calories, mets, RPM, % heart rate	watts, distance, time, heart rate, calories, RPM, program, level
heart rate	contact & telemetric	contact	contact
program levels	20	20	16

* **Refer to** www.visionfitness.com **for complete Warranty details.**
All product specifications are subject to change.

feature	X6200	X30	X20
resistance system	ECB-PLUS™ motor-operated permanent magnet	ECB motor-operated permanent magnet	ECB motor-operated permanent magnet
drive system	QUIET-GLIDE™ supersilent poly-v belt	supersilent poly-v belt	supersilent poly-v belt
flywheel	24 lbs. balanced	23 lbs. balanced	23 lbs. balanced
pedals	oversized cushioned footpads	oversized cushioned footpads	standard footpads
stride length	19-3/4"	20"	20"
power	plug-in	plug-in	plug-in
home warranty*	lifetime frame lifetime magnetic brake 3 years electronics/parts 1 year labor	lifetime frame lifetime magnetic brake 3 years electronics/parts 1 year labor	lifetime frame lifetime magnetic brake 2 years electronics/parts 1 year labor
limited corporate warranty*	up to 3 hours of use a day 1 year frame 1 year magnetic brake 1 year electronics/parts 1 year labor	none	none
dimensions	79"L x 27"W x 69"H	73.5"L x 30"W x 66.5"H	73.5"L x 30"W x 64"H
folded dimensions	42"L x 27"W x 69"H	n/a	n/a
product weight	199 lbs.	191 lbs.	188 lbs.
max. user weight	300 lbs.	300 lbs.	300 lbs.
upgrades from previous model	UPGRADES FROM **X30** folding pedal arms, ECB-PLUS™ magnetic resistance, heavier flywheel, corporate warranty	UPGRADES FROM **X20** accessory tray, oversized cushioned footpads, multi-grip handlebars, warranty	

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VISION FITNESS®

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